

# How to apply myPatch

## for paediatric patients

### STEP 1 Prepare the skin

Remove any chest hair then clean the area with the prep pads.

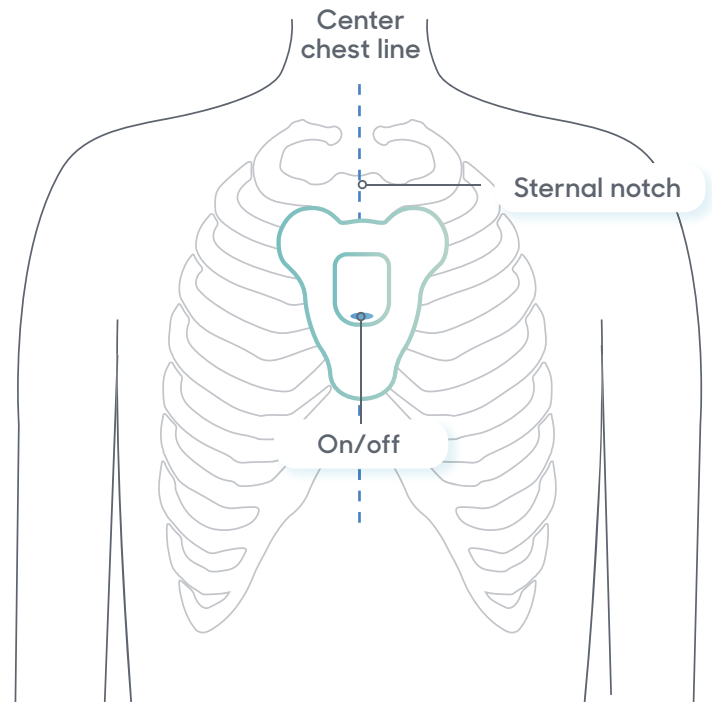
Allow skin to dry.

### STEP 2 Prepare the device

- Remove the electrode Patch from the pouch (keep pouch)
- Peel the protective cover off the front of the myPatch electrode
- Press the myPatch recorder onto the four metal snaps on the electrode patch.
- Hold the power button down – a green light will flash for 30 secs while the device starts up

### STEP 3 Apply myPatch

Peel the plastic cover off the back off the myPatch electrode and place on the body as shown. **Press firmly down for one minute.**



#### Watch "How to apply paediatric myPatch" video

##### Use the QR code



Watch easy-to-follow video instructions by scanning the QR code (above) with your iPhone camera and clicking the link or using your preferred Android QR code reader.

##### Website

Visit [cardioscan.co/mypatch](https://cardioscan.co/mypatch)

#### Recording events and symptoms

Patients feeling symptoms such as dizziness or heart flutters, should double tap myPatch to mark the event. A blue light comes on briefly to indicate the event has been captured.

**Watch the video guide online [cardioscan.co/mypatch](https://cardioscan.co/mypatch)**